



Mindgevity Online

a brain health and friendship online community

Monday – Thursdays
10:00 a.m. – 3:00 p.m.
Click on your personal link to join.
Email info@judchickeycenter.org if you need your personal link re-sent to you.

Monday, September 28, 2020

- 10:00 a.m. - 10:30 a.m. **Morning Announcements with Sandy**
Start your day with the weather, the day in history, jokes, and more, as we all come together each morning! If you are on the meeting with us, we will enter your name into the raffle!
- 10:30 a.m. - 11:00 a.m. **Coffee Chat with Erica**
Join us for a virtual coffee get-together. Drop in to chat with new friends and find connection during this time of in-person social distancing. We're excited to see you!
- Today's Topic: Secret Room. If you had a secret room, just for you, what would be in your room? Would you like a room with a view to just sit and relax? Would you like a room that is dark and quiet so you can watch TV?
- 11:00 a.m. - 11:45 a.m. **Mastermind Meet Up Tracy**
It is time to exercise the most important muscle in our body, our brain. Join us for trivia, word games, and other fun games.
- 11:45 a.m. - 12:30 p.m. **Fun Facts about Willie Nelson with Erica**
Willie Nelson wrote his first song at the age of seven. As a child he picked cotton along side his grandmother to earn money. Erica is going to go over these facts and more with us.
- 12:30 p.m. - 1:00 p.m. **Lunch Break – No program**
- 1:00 p.m. - 1:30 p.m. **Chit Chat Tracy**
Drop in to chat with new friends and find some connections during this time of in-person social distancing. We are excited to see you.
- Today's Topic: Vacationing in a new way. Have you ever stayed in a covered wagon while on vacation? Have you ever stayed in a tiny house? Tracy is going to discuss some new and different ways people are taking vacations.
- 1:30 p.m. – 2:15 p.m. **Mastermind Meet Up with Erica**
It is time to exercise the most important muscle in our body, our brain. Join us for trivia, word games, and other fun games.
- 2:15 p.m.– 3:00 p.m. **Best Love Stories of All Time with Tracy**
Fame and notary can be hard to handle when you are married in Hollywood. Tracy is going to discuss with us all the wonderful love stories.



Mindgevity Online

a brain health and friendship online community

Monday – Thursdays
10:00 a.m. – 3:00 p.m.
Click on your personal link to join.
Email info@judchickeycenter.org if you need your personal link re-sent to you.

Tuesday, September 29, 2020

- 10:00 a.m. - 10:30 a.m. **Morning Announcements with Sandy**
Start your day with the weather, the day in history, jokes, and more, as we all come together each morning! If you are on the meeting with us, we will enter your name into the raffle!
- 10:30 a.m. - 11:00 a.m. **Coffee Chat with Erica**
Join us for a virtual coffee get-together. Drop in to chat with new friends and find connection during this time of in-person social distancing. We're excited to see you!
- Today's Topic: Snacks. What is your favorite snack food? Do you prefer sweets over salty? What is your favorite movie snack food? Do you like healthy snacks?
- 11:00 a.m. - 11:45 a.m. **Mastermind Meet Up with Liz**
It is time to exercise the most important muscle in our body, our brain. Join us for trivia, word games, and other fun games.
- 11:45 a.m. - 12:30 p.m. **Food Art with Tracy**
Tracy is going to show some amazing chocolate sculptures. Have you ever seen pumpkin sculptures? Tracy is going to show us some amazing art made from all different forms of food.
- 12:30 p.m. - 1:00 p.m. **Lunch Break – No program**
- 1:00 p.m. - 1:30 p.m. **Chit Chat with Erica**
Drop in to chat with new friends and find some connections during this time of in-person social distancing. We are excited to see you.
- Today's Topic: Movies. What is your favorite type of movie? Do you like new movies over classic movies? Do you like comedies or scary movies?
- 1:30 p.m. – 2:15 p.m. **Mastermind Meet Up with Liz**
It is time to exercise the most important muscle in our body, our brain. Join us for trivia, word games, and other fun games.
- 2:15 p.m. – 3:00 p.m. **Razzle Dazzle with Erica**
Motown, country, rock and roll, or the 60's what is your favorite music? Erica is going to quiz us on all thing's music.



Mindgevity Online

a brain health and friendship online community

Monday – Thursdays
10:00 a.m. – 3:00 p.m.
Click on your personal link to join.
Email info@judchickeycenter.org if you need your personal link re-sent to you.

Wednesday, September 30, 2020

- 10:00 a.m. - 10:30 a.m. **Morning Announcements with Sandy**
Start your day with the weather, the day in history, jokes, and more, as we all come together each morning! If you are on the meeting with us, we will enter your name into the raffle!
- 10:30 a.m. - 11:00 a.m. **Coffee Chat with Tracy**
Join us for a virtual coffee get-together. Drop in to chat with new friends and find connection during this time of in-person social distancing. We're excited to see you!
- Today's Topic: Pumpkin Carving. Did you carve a pumpkin every year for Halloween? Did you let your children help with the pumpkin carving? Did you go to a pumpkin patch to get your pumpkin?
- 11:00 a.m. - 11:45 a.m. **Mastermind Meet Up Erica**
It is time to exercise the most important muscle in our body, our brain. Join us for trivia, word games, and other fun games.
- 11:45 a.m. - 12:30 p.m. **Twame Chuck Berry with Twame**
Chuck followed in his sister's footsteps and graduated with a degree in hairdressing and cosmetology from the Gibbs Beauty School. Chuck Berry's classic song "Johnny B. Goode" is included on the Golden Record of both Voyager space probes. Twame is going to discuss these interesting facts and more about Chuck Berry.
- 12:30 p.m. - 1:00 p.m. **Lunch Break – No program**
- 1:00 p.m. - 1:30 p.m. **Chit Chat Liz**
Drop in to chat with new friends and find some connections during this time of in-person social distancing. We are excited to see you.
- Today's Topic: Books. Do you enjoy reading? What types of books do you like to read? Do you enjoy going to a library and just sitting in the peace and quiet?
- 1:30 p.m. – 2:15 p.m. **Mastermind Meet Up Twame**
It is time to exercise the most important muscle in our body, our brain. Join us for trivia, word games, and other fun games.
- 2:15 p.m.– 3:00 p.m. **Theme Park Attractions with Tracy**
Tracy is going to discuss with us all of the fun rides at Six Flags, Disney World, and other theme parks all over the world. We are going to take some virtual rides together.



Mindgevity Online

a brain health and friendship online community

Monday – Thursdays
10:00 a.m. – 3:00 p.m.
Click on your personal link to join.
Email info@judchickeycenter.org if you need your personal link re-sent to you.

Thursday, October 1, 2020

- 10:00 a.m. - 10:30 a.m. **Morning Announcements with Liz**
Start your day with the weather, the day in history, jokes, and more, as we all come together each morning! If you are on the meeting with us, we will enter your name into the raffle!
- 10:30 a.m. - 11:00 a.m. **Coffee Chat with Erica**
Join us for a virtual coffee get-together. Drop in to chat with new friends and find connection during this time of in-person social distancing. We're excited to see you!
- Today's Topic: Comedians. Do you have a favorite comedian? Do you enjoy going to a comedy theater? Do you like Red Fox and the classic comedians?
- 11:00 a.m. - 11:45 a.m. **Mastermind Meet Up Tracy**
It is time to exercise the most important muscle in our body, our brain. Join us for trivia, word games, and other fun games.
- 11:45 a.m. - 12:30 p.m. **Purple Food with Liz**
Do you like eggplant? What about plums? Liz is going to talk to us about all the purple foods in the world.
- 12:30 p.m. - 1:00 p.m. **Lunch Break – No program**
- 1:00 p.m. - 1:30 p.m. **Chit Chat with Erica**
Drop in to chat with new friends and find some connections during this time of in-person social distancing. We are excited to see you.
- Today's Topic: The Fair. Do you enjoy going to the fair? Do you ride the rides? What is your favorite fair food?
- 1:30 p.m. – 2:15 p.m. **Mastermind Meet Up with Liz**
It is time to exercise the most important muscle in our body, our brain. Join us for trivia, word games, and other fun games.
- 2:15 p.m. – 3:00 p.m. **Shirley Temple with Tracy**
Shirley Temple had exactly 56 curls that her mother styled every night. She married her first husband when she was 17. Tracy will discuss these facts and many more with you.